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## **Up and Down - Program Note**

*Up and Down* is an exploration between wide and contracted ranges within the wind ensemble, along with arpeggios to sustained chords. The inquiry stems from research into social uniformity and particularly through the social model of disability, which states that people are disabled by barriers in society rather than by impairment or difference. Therefore by highlighting the differences between expanded and contracted registral facets, I hope to illuminate overriding challenges in such a polarizing categorization, as well as utilize the singular body of the wind ensemble, an optimal instrumentation to execute such differences.

*Up or Down* was commissioned by and dedicated to Hope College Wind Ensemble and Dr. Gabe Southard, made possible by a Hope College Patrons for the Arts grant.