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Lost and Found - Program Note

Lost and Found is inspired by the idea of constantly losing and finding yourself, and how this idea can fit into a regimented rhythmic structure, similar to that of a regimented daily schedule. When initially asked to write the piece for Echo Chamber, I knew immediately that I wanted to feature the incredible bassist Tristan Kasten-Krause, and somehow represent the bass instrument lost at first and by the end of the piece eventually finding itself.

Lost and Found was written in the winter of 2016 in New Haven, CT, and is also dedicated to Echo Chamber.