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## Head to Toe - Program Note

Commissioned by percussionist Mike Truesdell, Head to Toe was inspired by experience performing in high school marching band, and the idea that one player can perhaps become a whole marching band. I was particularly reflected on Friday night football games, and how during these the marching band typically stands still in the bleachers, barely marching at all. With this piece I wished to highlight this contradiction by having the solo performer “march” in the bleachers, becoming a single-person marching band aurally and visually.

The work was written in the summer of 2015 in Pittsburgh, PA and premiered in November 2016 at University of Northern Colorado in Greeley, CO. Special thanks to Mike and Evan Chapman for all the work they put into producing a video recording of the work as well.